# Elementary Physical Education 

2022-2023 Syllabus
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Course Objectives: The main purpose of this course is for students to be able to adopt behaviors that foster a healthy and active lifestyle. Scholars will:

1. Assess and monitor current physical health to meet fitness goals.
2. Understand the importance of maintaining appropriate levels of cardio endurance, muscular endurance, and strength/flexibility.
3. Learn the importance of conditioning, stretching, flexibility, and lifelong activity.
4. Understand the importance of hard work and dedication, and how these lead to confidence, increased health, performance and an overall healthier lifestyle.
5. Engage in leadership, teamwork, and encouragement.
6. Understand repetition and practice in improving skills and performance.

## Attendance Policy and Classroom Expectations:

- Show up, be on time and participate.
- Ten or more excused and unexcused absences will result in a No Credit (NC) for this class.
- Three tardies will equal one absence.
- All scholars are expected to be respectful to all individuals in the classroom at all times.
- There is to be absolutely no gum, food or drinks in the classroom.
- Scholars are to come to class prepared to learn.
- Any scholar absent from class has the same number of days as they are absent plus 1 day to turn in missed assignments. It is the scholar's responsibility to find out missed assignments (check the website or ask the teacher as soon as possible). Any assignment or project that was due on the day of absence must be turned in the next school day in attendance.
- Scholars have one week to meet with their teachers to set a date to make up a project. Scholars have until the quarter ends to complete projects missed due to absence.
- All assignments must be completed by the day they are due.
- Academic Dishonesty: Plagiarism and cheating will not be allowed in this classroom! Zeros will be given for plagiarism and cheating, parents will be called, and further disciplinary actions may be taken. Plagiarism and cheating includes copying another scholar's work.


## Academic Meaning of a Grade:

The evaluation of a scholar's progress is based upon skill mastery. Each discipline is represented by instructional objectives and is described in the curriculum outline. Scholar evaluation and grades are based on daily classroom performance, classroom tests, essential skills tests, attendance, and other required actions, activities and projects.

## Grading Scale:

4 Exceeding the grade level standard and producing quality work consistently
3 Meeting the grade level standard and producing quality work
2 Progressing toward the standard and producing grade level work with teacher direction and assistance
1 Beginning to develop the standard and not yet able to produce required grade level work
0 Not "Yet" Proficient, Missing or incomplete

## Explanation of Standard Based Grading Scale

| Grade | Translation | Comments | Proficiency Levels |
| :---: | :---: | :---: | :---: |
| 4 | Exceeding the grade level standard. Producing quality work consistently. | This grade will be reported when a scholar demonstrates performance beyond expectations on a consistent basis | Advanced Knowledge of concepts taught and tested. Scholar demonstrates exceptional work and study habits. |
| 3 | Meeting the grade level standard. Producing quality work. | This grade means a scholar consistently and independently demonstrates mastery of subject material. A 3 should be considered an excellent grade, one that a scholar should be working towards, as developmentally appropriate. | Proficient work. Scholar is performing well and understands the concepts taught and tested. The scholar practices good work and study habits. |
| 2 | Progressing towards the standard. <br> Producing the required grade level work with teacher direction and assistance. | As indicated in the marking code, a 2 indicates a scholar can meet expectations with teacher assistance and support, but often does not demonstrate consistent mastery in a set subject area or grade level standard. The scholar may need to continue developing a specific skill set, and progress is being encouraged. | Limited Knowledge of the lesson content. Scholar needs greater effort and strategies and improvement. Does not perform well and does not understand concepts taught and tested. Work and study habits need improvement. |
| 1 | Beginning to develop the standard. Not yet able to produce required grade level work. | A 1 will be reported if there is growing concern for a child's performance in a given subject, skill, or grade level standard. | Unsatisfactory work. Scholars have almost no understanding of concepts taught or tested. Very poor work and scholar habits. Intervention necessary. |

Standard Based Grading: This system of grading scholars is based on their demonstrated level of mastery of concepts rather than just calculating a percentage average based on the total number of "points" they earn in a semester. It measures demonstrated scholar learning, not speed of learning.

Standard Based Grading gives scholars and parents specific feedback about what skills they have and have not learned. It is information that can be used to direct learning and growth. The teacher does not just average a scholar's mastery scores, but instead assesses the student's level of mastery based on the evidence collected.

Formative Versus Summative Scores: "Teachers record and track formative scores from individual assessments as indicators of students' knowledge or skill at particular moments in time. In comparison, summative scores are final scores based on the pattern of students' responses over time. Teachers may base each score on a number of common assessment forms, such as obtrusive, unobtrusive, and student-generated assessments. However, formative scores are used for tracking progress, while summative scores express students' mastery of a topic, generally at the end of a unit." -Robert Marzano

Enrichment/Remediation: When students struggle on an assessment with one or more standards, they may be assigned enrichment during the school day and may be required to attend Saturday morning enrichment as well. When students
have completed enrichment, they are given a reassessment to show their level of understanding of the standard. The grade on the reassessment will replace the original grade.

## Scholar Progress:

- Progress reports for scholars are prepared three times each year, midway of each 9-weeks grading period except for the first quarter. Parents MUST come onsite to pick up and sign for the progress report on the day they are issued. Parents/guardians of scholars who are making a grade of " 0 " or " 1 " must meet with teachers at that time. If a parent/guardian does not attend this important meeting, their scholar will not be allowed back in class until the progress report is picked up and the meeting attended. The meeting will be scheduled during the work schedule of the teacher.
- School dismisses at $3: 35 \mathrm{pm}$. Students not making adequate progress may be required to attend after school tutorials.

